



502 Church Street, Galveston, Texas 77550-5502

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Online at [uugalveston.org](http://uugalveston.org)*We welcome the full range of human diversity, that is, age, race, gender, ability, sexual orientation, and ethnicity.***The theme for our Sunday programs in November: *Gratitude***

Research shows that people who feel gratitude are more likely to be happier and less depressed or stressed. Studies also show that, more than any other personality trait, feeling and expressing gratitude has one of the strongest links with mental health and satisfaction with life. The good news is that we can learn to be more grateful. With awareness and practice, acknowledging people and things we are grateful for can become a habit.

Note these words of wisdom from Ralph Waldo Emerson: "Cultivate the habit of being grateful for every good thing that comes to you and to give thanks continuously. And because all things have contributed to your advancement, you should include all things in your gratitude."

Please join us in November as our speakers explore the practice and benefits of *Gratitude*.

**November 4: Rev. Bob Tucker,  
"On Giving and Receiving Help"**

Gratitude when the reservoirs of our good will are slowly being drained tests our self-image as generous persons.

Rev. Tucker and his wife Maggie spent five years in Turkey where he taught and was a school administrator. He was, for 28 years, the Senior Minister of First Congregational Church of Houston. He is Executive Director Emeritus of the Foundation for Contemporary Theology. Bob is a native of Minnesota and has served churches in South Dakota, Minnesota, Texas and Kansas.

**Greeter:** Ed Beasley

**Board Member of the Day:** Miso Lee

**Facilitator:** Madeleine Baker

**Music Coordinator:** Margaret Canavan

*Compassionate Offering benefits St. Vincent Clinic.*

**November 11: Rev. Jenifer Wagley,  
"The Way of St. James"**

Jenifer is currently in Spain, on the El Camino pilgrimage. She will connect the pilgrimage to her year-long fellowship journey.

Rev. Wagley serves as Deputy Director of Avenue, a 25-year-old non-profit development company serving the Greater Houston community. She has 14 years of community organizing and program management experience. As Deputy Director at Avenue, Jenifer works in tandem with the Executive Director to support the sustainability and growth of the organization. Jenifer oversees Avenue's robust Community Building and Engagement Department, which includes the highly successful GO Neighborhoods program in the Near Northside and Avenue's place-based initiative expansion into Northline.

**Greeter:** Paula Townley

**Board Member of the Day:** Kathy Link

**Facilitator:** Vickie Francil

**Music Coordinator:** Bruce Mauzy

**November 18: Rev. Johnny Peden,  
"On Gratitude"**

With the theme of *Gratitude*, Johnny will be sharing with us ways in which to express gratitude in depth — not just giving thanks for turkey and football. Throughout his life, he had much for which he is thankful, including events that

have happened right here in Galveston. His goal in his presentation will be to help us find ways in which we can express gratitude in our lives—with events throughout our lives.

Rev. Johnny Peden is a former Southern Baptist who has an earned B. A. and Masters degrees from Southern Baptist schools. He is a member of the Clear Lake Bay Area Unitarian Church. For the past several years, Johnny has been officiating 130-150 weddings a year throughout the greater Galveston-Houston area. He is also a member of the Galveston Historical Foundation and currently resides in Clear Lake. His roots run deep in Galveston.

**Greeter:** Lisa Windsor

**Board Member of the Day:** Ed Beasley

**Facilitator:** Bruce Mauzy

**Music Coordinator:** Tony DiNuzzo

**November 25: Rev. Randy Partain,  
"Director's Commentary"**

If you've ever listened to the director's commentary for a movie, you've probably heard some insights and details that you didn't pick up on while you were watching the film the first time through. Good directors pay attention to a lot of details that help focus the story on the elements they most want to highlight, to make sure watching the movie isn't just observing a string of unrelated events. It's been said that we are all the heroes of our own stories. If we want our stories to be about gratitude, we have to be good directors and know how to focus our attention so that our lives are not just a string of unrelated events. What does the director's commentary of your life sound like?

Rev. Partain describes himself as passionate about meaningful, authentic community, and he encourages people to think about what they believe and to live out their beliefs meaningfully.

**Greeter:** Sharon Goodwin

**Board Member of the Day:** Carlos Price

**Facilitator:** Carlos Price

**Music Coordinator:** Margaret Canavan

*Monthly potluck lunch immediately after service*



# November 2018



# UU Galveston

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b><i>HAPPY BIRTHDAY!</i></b></p> <p>11/1 - Alena Pyles, 11/2 - Paula Townley,                      11/6 - Megan Schoeneck, 11/7 - Madeleine Baker,                      11/11 - Margaret Canavan, 11/17 - Kathy Link,                      11/21 - Lori Pepper, 11/22 - James McGlathery,                      11/27 - Lynne Moyer, 11/28 - Mitch Philpot,                      11/30 - Rev. Joy Daley</p>				1	2 1p Hand-crafters Group	3
<p><b>4</b> <u>Compassionate Offering for St. Vincent Clinic</u>                      10:30a Rev. Bob Tucker, "On Giving and Receiving Help"                      and Children's Religious Educ                      8p AA Phoenix</p>	<p><b>5</b>                      6p Chalice Circle (must be pre-enrolled)</p>	<p><b>6</b>  <b>ELECTION DAY</b></p>	<p><b>7</b>                      5p Bowlers                      8p AA Phoenix Group</p>	8	<p><b>9</b>                      10a Admin/A-Team Meeting                      1p Hand-crafters Group</p>	10
<p><b>11</b> <u>Veterans Day</u>                      10:30a Rev. Jenifer Wagley, "The Way of St. James"                      *Immediately after service — C.C.L. meeting*                      and Children's Religious Educ.                      8p AA Phoenix Group</p>	<p><b>12</b>                      6p Chalice Circle (must be pre-enrolled)</p> 	<p><b>13</b>                      1:30p Chalice Circle (must be pre-enrolled)</p>	<p><b>14</b>                      5p Bowlers                      7p Book Club: <u>The Cherokee Nation and The Trail of Tears</u> by Theda Perdue &amp; Michael D. Green                      8p AA Group</p>	<p><b>15</b>                      5:30p Board Meeting</p>	<p><b>16</b>                      1p Hand-crafters Group</p>	17
<p><b>18</b>                      10:30a Rev. Johnny Peden, "On Gratitude"                      and Children's Religious Educ.                      6:30p Spirituality of Poker                      6:30p Game Night                      8p AA Phoenix Group</p>	<p><b>19</b>  <u>REMINDER: Send Monthly Announcements to Jo Ross, administrator@uugalveston.org</u></p>	20	<p><b>21</b>                      5p Bowlers                      8p AA Phoenix Group</p>	<p><b>22</b>                      2p Thanksgiving Potluck</p> 	<p><b>23</b>                      1p Hand-crafters Group</p>	24
<p><b>25</b> <u>Potluck Lunch</u>                      10:30a Rev. Randy Partain, "Director's Commentary"                      and Children's Religious Educ.                      8p AA Phoenix</p>	26	27	<p><b>28</b>                      5p Bowlers                      8p AA Phoenix Group</p>	29	<p><b>30</b>                      1p Hand-crafters Group</p>	<p><i>Gratitude unlocks the fullness of life.</i></p>